



SKISKOLE

Alpine course French School

Oslo Vinterpark Ski School's aim is to give children a good basis on the slopes for skiing pleasure for life. With a focus on fun games and activities, we help the children develop their skiing skills.

Course time: Thursday from 10. January 16.15 to 17.45.

The bus departs school at 15.40 and arrives back at school about 18.15.

Lessons run once a week for 5 weeks, with a break during the winter holiday, week 8.

Price 2210,- NOK per participant, includes transportation and ski lift.

Season card discount available in the online shop. Children must have their own equipment.

Alpine: for dynamic groups, please choose course based on today's level of skiing.

Beginner: First time on alpine skis. We will practice plowing and turning. **Prerequisites:** None.

Intermediate: This is a course where we work on balance, movement and speed control, while ensuring the children become safer and more confident skiers. **Prerequisites:** Able to plow and turn on a green slope and ride the pommel lift alone.

Advanced: Focusing on balance, movement and speed to improve the student's technique, using all the slopes including the Terrain Park. **Prerequisites:** Able to keep skis controlled on red slopes.

Registration and Payment from October 20th

Done by each parent at www.oslovinterpark.no/skiskole

- Choose Aks/Skoler – Choose your school – choose course – sign in and pay online.

Registration time 20.10 -20.11. Limited enrolment, registration closes when the course is full! We need a minimum of 10 participants to run each of our courses.

We need parents to volunteer to help get students ready after school, escort them from the school onto the bus (take attendance). A list will be made.

If you have any questions please contact aks.bhg@oslovinterpark.no

Please check out www.oslovinterpark.no before December 1st for season pass discounts.